

**Section 1915(b) Waiver
Proposal For
MCO, PIHP, PAHP, and PCCM Programs**

Submitted by Idaho Dept. of Health and Welfare
June 23, 2004

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Instructions – see separate document

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Proposal for a Section 1915(b) Waiver MCO, PIHP, PAHP, and/or PCCM Program

Facesheet

Please fill in and submit this Facesheet with each waiver proposal, renewal, or amendment request.

The **State** of Idaho requests a waiver/amendment under the authority of section 1915(b) of the Act. The Medicaid agency will directly operate the waiver.

The **name of the waiver program** is Healthy Connections. (Please list each program name if the waiver authorizes more than one program.).

Type of request. This is an:

- ☐ initial request for new waiver
- ☐ amendment request for existing waiver, which modifies Section/Part _____
 - ☐ Replacement pages are attached for specific Section/Part being amended
 - ☐ Document is replaced in full, with changes highlighted
- ☒ renewal request
 - ☒ This is the first time the State is using this waiver format to renew an existing waiver. The full preprint (i.e. Sections A through D) are filled out.
 - ☐ The State has used this waiver format for its previous waiver period.
 - Section A is ☐ replaced in full
 - ☐ carried over from previous waiver period. The State:
 - ☐ assures there are no changes in the Program Description from the previous waiver period.
 - ☐ assures the same Program Description from the previous waiver period will be used, with the exception of changes noted in attached replacement pages.
 - Section B is ☐ replaced in full
 - ☐ carried over from previous waiver period. The State:
 - ☐ assures there are no changes in the Monitoring Plan from the previous waiver period.
 - ☐ assures the same Monitoring Plan from the previous waiver period will be used, with exceptions noted in attached replacement pages

Effective Dates: This waiver/renewal/amendment is requested for a period of 2 years; effective 10-01-04 and ending 9-30-06. (For beginning date for an initial or renewal request, please choose first day of a calendar quarter, if possible, or if not, the

first day of a month. For an amendment, please identify the implementation date as the beginning date, and end of the waiver period as the end date)

State Contact: The State contact person for this waiver is Pam Mason and can be reached by telephone at (208) 364-1863, or fax at (208) 334-2465, or e-mail at masonp@idhw.state.id.us. (Please list for each program)

Section A: Program Description

Part I: Program Overview

Tribal consultation

For initial and renewal waiver requests, please describe the efforts the State has made to ensure Federally recognized tribes in the State are aware of and have had the opportunity to comment on this waiver proposal.

The Division of Medicaid meets with representatives from the Idaho Tribes quarterly regarding Medicaid issues. A letter was sent to the Tribes on May 20, 2004 notifying them of our intent to renew our HC waiver. In addition, the waiver renewal was discussed at the June 11, 2004 Medicaid/Tribal meeting. There were no comments or recommendations regarding the waiver renewal from the Tribes. (See Attached Letter and meeting agenda)

Program History

For renewal waivers, please provide a brief history of the program(s) authorized under the waiver. Include implementation date and major milestones (phase-in timeframe; new populations added; major new features of existing program; new programs added).

Idaho implemented its PCCM waiver program in 1993 and it has remained virtually unchanged in program design since its beginning. The program strives to remain as simple as possible and has the following goals:

- Ensure access to health care
- Provide health education
- Promote continuity of care
- Strengthen the physician/patient relationship
- Achieve cost efficiencies

During the previous waiver period, Idaho has significantly increased program participation throughout the state. As of June 2004, 35 of 44 of Idaho's counties require (mandatory) enrollment in Healthy Connections for all non-exempt populations. Enrollment has increased from 39.5% (June 2002) at the time of our last waiver renewal application to 79.5% in June of 2004. We will continue to bring up the remaining 9 counties as feasible.

During the remainder of the current waiver period and continuing in the renewal years, we will be continuing to evaluate the quality, effectiveness and cost efficiencies of the program.

A. Statutory Authority

1. **Waiver Authority.** The State's waiver program is authorized under section 1915(b) of the Act, which permits the Secretary to waive provisions of section 1902 for certain purposes. Specifically, the State is relying upon authority provided in the following subsection(s) of the section 1915(b) of the Act (if more than one program authorized by this waiver, please list applicable programs below each relevant authority):

- a. X **1915(b)(1)** – The State requires enrollees to obtain medical care through a primary care case management (PCCM) system or specialty physician services arrangements. This includes mandatory capitated programs.
- b. X **1915(b)(2)** - A locality will act as a central broker (agent, facilitator, negotiator) in assisting eligible individuals in choosing among PCCMs or competing MCOs/PIHPs/PAHPs in order to provide enrollees with more information about the range of health care options open to them.

Health Resources Coordinators (Medicaid staff) are responsible for the enrollment, disenrollment, and education of enrollees.

- c. ____ **1915(b)(3)** - The State will share cost savings resulting from the use of more cost-effective medical care with enrollees by providing them with additional services. The savings must be expended for the benefit of the Medicaid beneficiary enrolled in the waiver. Note: this can only be requested in conjunction with section 1915(b) (1) or (b)(4) authority.
- d. ____ **1915(b)(4)** - The State requires enrollees to obtain services only from specified providers who undertake to provide such services and meet reimbursement, quality, and utilization standards which are consistent with access, quality, and efficient and economic provision of covered care and services. The State assures it will comply with 42 CFR 431.55(f).

The 1915(b)(4) waiver applies to the following programs

- ____ MCO
- ____ PIHP
- ____ PAHP
- ____ PCCM (Note: please check this item if this waiver is for a PCCM program that limits who is eligible to be a primary care case manager. That is, a program that requires PCCMs to meet certain quality/utilization criteria beyond the minimum requirements required to be a fee-for-service Medicaid contracting provider.)
- ____ Other (please identify programs)

2. **Sections Waived.** Relying upon the authority of the above section(s), the State requests a waiver of the following sections of 1902 of the Act (if this waiver authorizes multiple programs, please list program(s) separately under each applicable statute):

- a. **Section 1902(a) (1)** - Statewideness--This section of the Act requires a Medicaid State plan to be in effect in all political subdivisions of the State. This waiver program is not available throughout the State.

- b. X **Section 1902(a)(10)(B)** - Comparability of Services--This section of the Act requires all services for categorically needy individuals to be equal in amount, duration, and scope. This waiver program includes additional benefits such as case management and health education that will not be available to other Medicaid beneficiaries not enrolled in the waiver program.

- c. X **Section 1902(a)(23)** - Freedom of Choice--This Section of the Act requires Medicaid State plans to permit all individuals eligible for Medicaid to obtain medical assistance from any qualified provider in the State. Under this program, free choice of providers is restricted. That is, beneficiaries enrolled in this program must receive certain services through an MCO, PIHP, PAHP, or PCCM.

- d. **Section 1902(a)(4)** - To permit the State to mandate beneficiaries into a single PIHP or PAHP, and restrict disenrollment from them. (If state seeks waivers of additional managed care provisions, please list here).

- e. **Other Statutes and Relevant Regulations Waived** - Please list any additional section(s) of the Act the State requests to waive, and include an explanation of the request.

B. Delivery Systems

1. **Delivery Systems**. The State will be using the following systems to deliver services:

a. ___ **MCO:** Risk-comprehensive contracts are fully-capitated and require that the contractor be an MCO or HIO. Comprehensive means that the contractor is at risk for inpatient hospital services and any other mandatory State plan service in section 1905(a), or any three or more mandatory services in that section. References in this preprint to MCOs generally apply to these risk-comprehensive entities.

b. ___ **PIHP:** Prepaid Inpatient Health Plan means an entity that:
(1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments or other payment arrangements that do not use State Plan payment rates; (2) provides, arranges for, or otherwise has responsibility for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. Note: this includes MCOs paid on a non-risk basis.

___ The PIHP is paid on a risk basis.

___ The PIHP is paid on a non-risk basis.

c. ___ **PAHP:** Prepaid Ambulatory Health Plan means an entity that: (1) provides medical services to enrollees under contract with the State agency, and on the basis of prepaid capitation payments, or other payment arrangements that do not use State Plan payment rates; (2) does not provide or arrange for, and is not otherwise responsible for the provision of any inpatient hospital or institutional services for its enrollees; and (3) does not have a comprehensive risk contract. This includes capitated PCCMs.

___ The PAHP is paid on a risk basis.

___ The PAHP is paid on a non-risk basis.

d. X **PCCM:** A system under which a primary care case manager contracts with the State to furnish case management services. Reimbursement is on a fee-for-service basis. Note: a capitated PCCM is a PAHP.

e. ___ **Other:** (Please provide a brief narrative description of the model.)

2. **Procurement**. The State selected the contractor in the following manner (required by 42 CFR Part 74 if contract over \$100,000). Please complete for each type of managed care entity utilized (e.g. procurement for MCO; procurement for PIHP, etc):

- ___ **Competitive** procurement process (e.g. Request for Proposal or Invitation for Bid that is formally advertised and targets a wide audience)
- ___ **Open** cooperative procurement process (in which any qualifying contractor may participate)
- ___ **Sole source** procurement. CMS Regional Office prior approval required.

C. Choice of MCOs, PIHPs, PAHPs, and PCCMs

1. Assurances.

X The State assures CMS that it complies with section 1932(a)(3) of the Act and 42 CFR 438.52, which require that a State that mandates Medicaid beneficiaries to enroll in an MCO, PIHP, PAHP, or PCCM must give those beneficiaries a choice of at least two entities.

_____ The State seeks a waiver of section 1902(a)(4) of the Act, which requires States to offer a choice of more than one PIHP or PAHP per 42 CFR 438.52. Please describe how the State will ensure this lack of choice of PIHP or PAHP is not detrimental to beneficiaries' ability to access services.

2. Details. The State will provide enrollees with the following choices (please replicate for each program in waiver):

- _____ Two or more MCOs
- _____ Two or more primary care providers within one PCCM system.
- _____ A PCCM or one or more MCOs
- _____ Two or more PIHPs
- _____ Two or more PAHPs
- X Other: (please describe) **Two or more PCCMs**

3. Rural Exception.

_____ The State seeks an exception for rural area residents under section 1932(a)(3)(B) of the Act and 42 CFR 438.52(b), and assures CMS that it will meet the requirements in that regulation, including choice of physicians or case managers, and ability to go out of network in specified circumstances. The State will use the rural exception in the **following areas** ("rural area" must be defined as any area other than an "urban area" as defined in 42 CFR 412.62(f)(1)(ii)):

D. Geographic Areas Served by the Waiver

1. **General.** Please indicate the area of the State where the waiver program will be implemented. (If the waiver authorizes more than one program, please list applicable programs below item(s) the State checks.

X **Statewide** -- all counties, zip codes, or regions of the State

HC is implemented in all regions of the state. Management of the HC program is by region. One county in Region 7 does not have any health care providers. All participants must travel to neighboring regions for services and have the option to obtain services from the closest provider to their residence whether the PCP participates in HC or not.

____ **Less than Statewide**

2. **Details.** Regardless of whether item 1 or 2 is checked above, please list in the chart below the areas (i.e., cities, counties, and/or regions) and the name and type of entity or program (MCO, PIHP, PAHP, HIO, PCCM or other entity) with which the State will contract.

City/County/Region	Type of Program (PCCM, MCO, PIHP, or PAHP)	Name of Entity (for MCO, PIHP, PAHP)
All Regions by County	PCCM	

E. Populations Included in Waiver

1. **Included Populations.** The following populations are included in the Waiver Program:

X **Section 1931 Children and Related Populations** are children including those eligible under Section 1931, poverty-level related groups and optional groups of older children.

X Mandatory enrollment (in mandatory counties)

X Voluntary enrollment (in voluntary counties)

X **Section 1931 Adults and Related Populations** are adults including those eligible under Section 1931, poverty-level pregnant women and optional group of caretaker relatives.

X Mandatory enrollment (in mandatory counties)

X Voluntary enrollment (in voluntary counties)

X **Blind/Disabled Adults and Related Populations** are beneficiaries, age 18 or older, who are eligible for Medicaid due to blindness or disability. Report Blind/Disabled Adults who are age 65 or older in this category, not in Aged.

X Mandatory enrollment (in mandatory counties)

X Voluntary enrollment (in voluntary counties)

X **Blind/Disabled Children and Related Populations** are beneficiaries, generally under age 18, who are eligible for Medicaid due to blindness or disability.

X Mandatory enrollment (in mandatory counties)

X Voluntary enrollment (in voluntary counties)

X **Aged and Related Populations** are those Medicaid beneficiaries who are age 65 or older and not members of the Blind/Disabled population or members of the Section 1931 Adult population.

X Mandatory enrollment (in mandatory counties)

X Voluntary enrollment (in voluntary counties)

X **Foster Care Children** are Medicaid beneficiaries who are receiving foster care or adoption assistance (Title IV-E), are in foster-care, or are otherwise in an out-of-home placement.

X Mandatory enrollment (in mandatory counties)

[X](#) Voluntary enrollment ([in voluntary counties](#))

[X](#) **TITLE XXI SCHIP** is an optional group of targeted low-income children who are eligible to participate in Medicaid if the State decides to administer the State Children's Health Insurance Program (SCHIP) through the Medicaid program.

[X](#) Mandatory enrollment ([in mandatory counties](#))

[X](#) Voluntary enrollment ([in mandatory counties](#))

2. **Excluded Populations.** Within the groups identified above, there may be certain groups of individuals who are excluded from the Waiver Program. For example, the "Aged" population may be required to enroll into the program, but "Dual Eligibles" within that population may not be allowed to participate. In addition, "Section 1931 Children" may be able to enroll voluntarily in a managed care program, but "Foster Care Children" within that population may be excluded from that program. Please indicate if any of the following populations are excluded from participating in the Waiver Program:

___ **Medicare Dual Eligible**--Individuals entitled to Medicare and eligible for some category of Medicaid benefits. (Section 1902(a)(10) and Section 1902(a)(10)(E))

___ **Poverty Level Pregnant Women** -- Medicaid beneficiaries, who are eligible only while pregnant and for a short time after delivery. This population originally became eligible for Medicaid under the SOBRA legislation.

___ **Other Insurance**--Medicaid beneficiaries who have other health insurance.

[X](#) **Reside in Nursing Facility or ICF/MR**--Medicaid beneficiaries who reside in Nursing Facilities (NF) or Intermediate Care Facilities for the Mentally Retarded (ICF/MR).

___ **Enrolled in Another Managed Care Program**--Medicaid beneficiaries who are enrolled in another Medicaid managed care program

[X](#) **Eligibility Less Than 3 Months**--Medicaid beneficiaries who would have less than three months of Medicaid eligibility remaining upon enrollment into the program.

___ **Participate in HCBS Waiver**--Medicaid beneficiaries who participate in a Home and Community Based Waiver (HCBS, also referred to as a 1915(c) waiver).

___ **American Indian/Alaskan Native**--Medicaid beneficiaries who are American Indians or Alaskan Natives and members of federally recognized tribes.

___ **Special Needs Children (State Defined)**--Medicaid beneficiaries who are special needs children as defined by the State. Please provide this definition.

___ **SCHIP Title XXI Children** – Medicaid beneficiaries who receive services through the SCHIP program.

[X](#) **Retroactive Eligibility** – Medicaid beneficiaries for the period of retroactive eligibility.

___ **Other** (Please define):

F. Services

List all services to be offered under the Waiver in Appendices D2.S. and D2.A of Section D, Cost-Effectiveness.

1. Assurances.

- X The State assures CMS that services under the Waiver Program will comply with the following federal requirements:
- Services will be available in the same amount, duration, and scope as they are under the State Plan per 42 CFR 438.210(a)(2).
 - Access to emergency services will be assured per section 1932(b)(2) of the Act and 42 CFR 438.114.
 - Access to family planning services will be assured per section 1905(a)(4) of the Act and 42 CFR 431.51(b)

_____ The State seeks a waiver of a waiver of section 1902(a)(4) of the Act, to waive one or more of more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement. (See note below for limitations on requirements that may be waived).

- X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of 42 CFR 438.210(a)(2), 438.114, and 431.51 (Coverage of Services, Emergency Services, and Family Planning) as applicable, and these contracts are effective for the period _____ to _____.

Contract is effective date signed by provider and the Department until revoked by either party.

Note: Section 1915(b) of the Act authorizes the Secretary to waive most requirements of section 1902 of the Act for the purposes listed in sections 1915(b)(1)-(4) of the Act. However, within section 1915(b) there are prohibitions on waiving the following subsections of section 1902 of the Act for any type of waiver program:

- Section 1902(s) -- adjustments in payment for inpatient hospital services furnished to infants under age 1, and to children under age 6 who receive inpatient hospital services at a Disproportionate Share Hospital (DSH) facility.
- Sections 1902(a)(15) and 1902(bb) -- prospective payment system for FQHC/RHC
- Section 1902(a)(10)(A) as it applies to 1905(a)(2)(C) -- comparability of FQHC benefits among Medicaid beneficiaries
- Section 1902(a)(4)(C) -- freedom of choice of family planning providers

- Sections 1915(b)(1) and (4) also stipulate that section 1915(b) waivers may not waive freedom of choice of emergency services providers.

2. **Emergency Services.** In accordance with sections 1915(b) and 1932(b) of the Act, and 42 CFR 431.55 and 438.114, enrollees in an MCO, PIHP, PAHP, or PCCM must have access to emergency services without prior authorization, even if the emergency services provider does not have a contract with the entity.

___ The PAHP or PAHP does not cover emergency services.

3. **Family Planning Services.** In accordance with sections 1905(a)(4) and 1915(b) of the Act, and 42 CFR 431.51(b), prior authorization of, or requiring the use of network providers for family planning services is prohibited under the waiver program. Out-of-network family planning services are reimbursed in the following manner:

___ The MCO/PIHP/PAHP will be required to reimburse out-of-network family planning services

___ The MCO/PIHP/PAHP will be required to pay for family planning services from network providers, and the State will pay for family planning services from out-of-network providers

___ The State will pay for all family planning services, whether provided by network or out-of-network providers.

X Other (please explain): **Family planning services do not require a referral from the PCP.**

___ Family planning services are not included under the waiver.

4. **FQHC Services.** In accordance with section 2088.6 of the State Medicaid Manual, access to Federally Qualified Health Center (FQHC) services will be assured in the following manner:

X The program is **voluntary in some counties**, and the enrollee can disenroll at any time if he or she desires access to FQHC services. The MCO/PIHP/PAHP/PCCM is not required to provide FQHC services to the enrollee during the enrollment period. All FQHCs are HC providers and the participant may choose them as their PCP

X The program is **mandatory in some counties** and the enrollee is guaranteed a choice of at least one MCO/PIHP/PAHP/PCCM which has at least one FQHC as a participating provider. If the enrollee elects not to select a MCO/PIHP/PAHP/PCCM that gives him or her access to FQHC services, no FQHC services will be required to be furnished to the enrollee while the enrollee is enrolled with the MCO/PIHP/PAHP/PCCM he or she selected. Since reasonable access to FQHC services will be available under the waiver program, FQHC services outside the program will not be available. Please explain how the State will guarantee all enrollees will have a choice of at least

one MCO/PIHP/PAHP/PCCM with a participating FQHC: All FQHCs are HC providers and the participant may choose them as their PCP.

___ The program is **mandatory** and the enrollee has the right to obtain FQHC services **outside** this waiver program through the regular Medicaid Program.

5. **EPSDT Requirements.**

X The managed care programs(s) will comply with the relevant requirements of sections 1905(a)(4)(b) (services), 1902(a)(43) (administrative requirements including informing, reporting, etc.), and 1905(r) (definition) of the Act related to Early, Periodic Screening, Diagnosis, and Treatment (EPSDT) program.

6. **1915(b)(3) Services.**

___ This waiver includes 1915(b)(3) expenditures. The services must be for medical or health-related care, or other services as described in 42 CFR Part 440, and are subject to CMS approval. Please describe below what these expenditures are for each waiver program that offers them. Include a description of the populations eligible, provider type, geographic availability, and reimbursement method.

7. **Self-referrals.**

___ The State requires MCOs/PIHPs/PAHPs/PCCMs to allow enrollees to self-refer (i.e. access without prior authorization) under the following circumstances or to the following subset of services in the MCO/PIHP/PAHP/PCCM contract:

Section A: Program Description

Part II: Access

Each State must ensure that all services covered under the State plan are available and accessible to enrollees of the 1915(b) Waiver Program. Section 1915(b) of the Act prohibits restrictions on beneficiaries' access to emergency services and family planning services.

A. Timely Access Standards

1. Assurances for MCO, PIHP, or PAHP programs.

_____ The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services; in so far as these requirements are applicable.

_____ The State seeks a waiver a waiver of section 1902(a)(4) of the Act, to waive compliance with of one or more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

_____ The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.206 Availability of Services and these contracts are effective for the period _____ to _____.

If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II.B. Capacity Standards.

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below the strategies the State uses to assure timely access to services.

a. X **Availability Standards.** The State's PCCM Program includes established maximum distance and/or travel time requirements, given beneficiary's normal means of transportation, for waiver enrollees' access to the following providers. For each provider type checked, please describe the standard.

1. X PCPs (please describe):

30 miles or 30 minutes each way

2. _____ Specialists (please describe):

- 3.____ Ancillary providers (please describe):
- 4.____ Dental (please describe):
- 5.____ Hospitals (please describe):
- 6.____ Mental Health (please describe):
- 7.____ Pharmacies (please describe):
- 8.____ Substance Abuse Treatment Providers (please describe):
- 9.____ Other providers (please describe):

b. X **Appointment Scheduling** means the time before an enrollee can acquire an appointment with his or her provider for both urgent and routine visits. The State's PCCM Program includes established standards for appointment scheduling for waiver enrollee's access to the following providers.

1. X PCPs (please describe):

Less than 48 hours for urgent care
Less than 14 days for routine care

- 2.____ Specialists (please describe):
- 3.____ Ancillary providers (please describe):
- 4.____ Dental (please describe):
- 5.____ Mental Health (please describe):
- 6.____ Substance Abuse Treatment Providers (please describe):
- 7.____ Urgent care (please describe):
- 8.____ Other providers (please describe):

c. **In-Office Waiting Times:** The State's PCCM Program includes established standards for in-office waiting times. For each provider type checked, please describe the standard.

- 1.____ PCPs (please describe):

2.____ Specialists (please describe):

3.____ Ancillary providers (please describe):

4.____ Dental (please describe):

5.____ Mental Health (please describe):

6.____ Substance Abuse Treatment Providers (please describe):

7.____ Other providers (please describe):

d. ____ **Other Access Standards** (please describe)

B. Capacity Standards

1. Assurances for MCO, PIHP, or PAHP programs.

____ The State assures CMS that it complies with section 1932(b)(5) of the Act and 42 CFR 438.207 Assurances of adequate capacity and services, in so far as these requirements are applicable.

____ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

____ The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(b)(5) and 42 CFR 438.207 Assurances of adequate capacity and services and these contracts are effective for the period ____ to ____.

If the 1915(b) Waiver Program does not include a PCCM component, please continue with Part II, C. Coordination and Continuity of Care Standards.

2. Details for PCCM program. The State must assure that Waiver Program enrollees have reasonable access to services. Please note below which of the strategies the State uses assure adequate provider capacity in the PCCM program.

- a. ____ The State has set **enrollment limits** for each PCCM primary care provider. Please describe the enrollment limits and how each is determined.
- b. ____ The State ensures that there are adequate number of PCCM PCPs with **open panels**. Please describe the State's standard.
- c. X The State ensures that there is an **adequate number** of PCCM PCPs under the waiver assure access to all services covered under the Waiver. Please describe the State's standard for adequate PCP capacity.

Prior to requiring mandatory enrollment in the HC program, signed agreements are obtained from participating providers in the county, adjoining county (if applicable) that they will on a rotational basis, take all Medicaid participants assigned to them. If one or more providers limits their assignment in any way the remaining providers have to agree to take an additional share.

- d.____ The State **compares numbers of providers** before and during the Waiver. Please modify the chart below to reflect your State's PCCM program and complete the following.

Providers	# Before Waiver	# In Current Waiver	# Expected in Renewal
Pediatricians			
Family Practitioners			
Internists			
General Practitioners			
OB/GYN and GYN			
FQHCs			
RHCs			
Nurse Practitioners			
Nurse Midwives			
Indian Health Service Clinics			
Additional Types of Provider to be in PCCM			
1			
2.			
3.			
4.			

*Please note any limitations to the data in the chart above here:

- e.____ The State ensures adequate **geographic distribution** of PCCMs. Please describe the State's standard.
- f.____ **PCP:Enrollee Ratio.** The State establishes standards for PCP to enrollee ratios. Please calculate and list below the expected average PCP/Enrollee ratio for each area or county of the program, and then provide a statewide average. Please note any changes that will occur due to the use of physician extenders.

<i>Area(City/County/Region)</i>	<i>PCCM-to-Enrollee Ratio</i>
<i>Statewide Average: (e.g. 1:500 and 1:1,000)</i>	

g. ____ **Other capacity standards** (please describe):

C. Coordination and Continuity of Care Standards

1. Assurances For MCO, PIHP, or PAHP programs.

- ___ The State assures CMS that it complies with section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.208 Coordination and Continuity of Care, in so far as these regulations are applicable.
- ___ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.
- ___ The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(i) of the Act and 42 CFR 438.208 Coordination and Continuity of Care and these contracts are effective for the period ___ to ___.

2. Details on MCO/PIHP/PAHP enrollees with special health care needs.

The following items are required.

- a. ___ The plan is a PIHP/PAHP, and the State has determined that based on the plan's scope of services, and how the State has organized the delivery system, that the **PIHP/PAHP need not meet the requirements** for additional services for enrollees with special health care needs in 42 CFR 438.208. Please provide justification for this determination.
- b. ___ **Identification.** The State has a mechanism to identify persons with special health care needs to MCOs, PIHPs, and PAHPs, as those persons are defined by the State. Please describe.
- c. ___ **Assessment.** Each MCO/PIHP/PAHP will implement mechanisms, using appropriate health care professionals, to assess each enrollee identified by the State to identify any ongoing special conditions that require a course of treatment or regular care monitoring. Please describe.
- d. ___ **Treatment Plans.** For enrollees with special health care needs who need a course of treatment or regular care monitoring, the State requires the MCO/PIHP/PAHP to produce a treatment plan. If so, the treatment plan meets the following requirements:
 1. ___ Developed by enrollees' primary care provider with enrollee participation, and in consultation with any specialists' care for the enrollee

- 2. ___ Approved by the MCO/PIHP/PAHP in a timely manner (if approval required by plan)
- 3. ___ In accord with any applicable State quality assurance and utilization review standards.
- e. ___ **Direct access to specialists.** If treatment plan or regular care monitoring is in place, the MCO/PIHP/PAHP has a mechanism in place to allow enrollees to directly access specialists as appropriate for enrollee's condition and identified needs.

3. **Details for PCCM program.** The State must assure that Waiver Program enrollees have reasonable access to services. Please note below the strategies the State uses assure coordination and continuity of care for PCCM enrollees.

- a. X Each enrollee selects or is assigned to a **primary care provider** appropriate to the enrollee's needs.
- b. X Each enrollee selects or is assigned to a **designated health care practitioner** who is primarily responsible for coordinating the enrollee's overall health care.
- c. X Each enrollee is receives **health education/promotion** information. Please explain.

Upon enrollment in the program, each enrollee is sent a booklet that explains the Medicaid program services and HC specific information that they need to be able to access services appropriately.

In addition, Health promotion materials are available to providers to give to enrollees as needed and appropriate.

- d. X Each provider maintains, for Medicaid enrollees, **health records** that meet the requirements established by the State, taking into account professional standards.
- e. X There is appropriate and confidential **exchange of information** among providers.
- f. ___ Enrollees receive information about specific health conditions that require **follow-up** and, if appropriate, are given training in self-care.

- g. ____ Primary care case managers **address barriers** that hinder enrollee compliance with prescribed treatments or regimens, including the use of traditional and/or complementary medicine.
- h. X **Additional case management** is provided (please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case manager's files).

State plan case management (service coordination) is available to the following target populations: EPSDT, individuals receiving PCS or A&D waiver services, individuals with severe and persistent mental illness, and individuals with developmental disabilities.

Service coordination services require a referral from the PCP. Service coordinators must send the PCP copies of evaluations and service plans. PCP makes referrals for needed services identified by the service coordinator if medically necessary.

- i. X **Referrals:** Please explain in detail the process for a patient referral. In the description, please include how the referred services and the medical forms will be coordinated among the practitioners, and documented in the primary care case managers' files.

PCPs make referrals by:

- Filling out a referral form or Rx form and either sending it with the patient or sending it by mail, Fax, to the receiving provider
- Phoning the referral to the receiving provider – if the referral is by phone the details of the referral are required to be written in the patient's file by both the referring and receiving providers
- All referrals are to be documented in the permanent patient record of both providers. Providers receiving referrals are to report outcomes back to the PCP

Section A: Program Description

Part III: Quality

1. Assurances for MCO or PIHP programs.

_____ The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242 in so far as these regulations are applicable.

_____ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one of more of these regulatory requirements for its PIHP program. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

_____ The CMS Regional Office has reviewed and approved the MCO, PIHP, or PAHP contracts for compliance with the provisions of section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202, 438.204, 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230, 438.236, 438.240, and 438.242 and these contracts are effective for the period _____ to _____.

_____ Section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.202 requires that each State Medicaid agency that contracts with MCOs and PIHPs submit to CMS a written strategy for assessing and improving the quality of managed care services offered by all MCOs and PIHPs. The State assures CMS that this **quality strategy** was submitted to the CMS Regional Office on _____.

_____ The State assures CMS that it complies with section 1932(c)(2) of the Act and 42 CFR 438 Subpart E, to arrange for an annual, independent, **external quality review** of the outcomes and timeliness of, and access to the services delivered under each MCO/ PIHP contract. Note: EQR for PIHPs is required beginning March 2004. Please provide the information below (modify chart as necessary):

Program	Name of Organization	Activities Conducted		
		EQR study	Mandatory Activities	Optional Activities
MCO				
PIHP				

2. **Assurances For PAHP program.**

___ The State assures CMS that it complies with section 1932(c)(1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236, in so far as these regulations are applicable.

___ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one of more of these regulatory requirements for its PAHP program. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

___ The CMS Regional Office has reviewed and approved the PAHP contracts for compliance with the provisions of section 1932(c) (1)(A)(iii)-(iv) of the Act and 42 CFR 438.210, 438.214, 438.218, 438.224, 438.226, 438.228, 438.230 and 438.236, and these contracts are effective for the period ___ to ___.

3. **Details for PCCM program.** The State must assure that Waiver Program enrollees have access to medically necessary services of adequate quality. Please note below the strategies the State uses to assure quality of care in the PCCM program.

a. X The State has developed a set of overall quality **improvement guidelines** for its PCCM program. Please attach.

b. X **State Intervention:** If a problem is identified regarding the quality of services received, the State will intervene as indicated below. Please check which methods the State will use to address any suspected or identified problems.

1. X Provide education and informal mailings to beneficiaries and PCCMs;

2. X Initiate telephone and/or mail inquiries and follow-up;

3. X Request PCCM's response to identified problems;

4. X Refer to program staff for further investigation;

5. X Send warning letters to PCCMs;

6. ___ Refer to State's medical staff for investigation;

7. X Institute corrective action plans and follow-up;

8. X Change an enrollee's PCCM;

9. ___ Institute a restriction on the types of enrollees;

10. X Further limit the number of assignments;

11. ☐ Ban new assignments;
12. ☒ Transfer some or all assignments to different PCCMs;
13. ☒ Suspend or terminate PCCM agreement;
14. ☒ Suspend or terminate as Medicaid providers; and
15. ☐ Other (explain):

- c. ☐ **Selection and Retention of Providers:** This section provides the State the opportunity to describe any requirements, policies or procedures it has in place to allow for the review and documentation of qualifications and other relevant information pertaining to a provider who seeks a contract with the State or PCCM administrator as a PCCM. This section is required if the State has applied for a 1915(b)(4) waiver that will be applicable to the PCCM program.

Please check any processes or procedures listed below that the State uses in the process of selecting and retaining PCCMs. The State (please check all that apply):

1. ☐ Has a documented process for selection and retention of PCCMs (please submit a copy of that documentation).
2. ☒ Has an initial credentialing process for PCCMs that is based on a written application and site visits as appropriate, as well as primary source verification of licensure, disciplinary status, and eligibility for payment under Medicaid.
3. ☐ Has a recredentialing process for PCCMs that is accomplished within the time frame set by the State and through a process that updates information obtained through the following (check all that apply):
 - A. ☐ Initial credentialing
 - B. ☐ Performance measures, including those obtained through the following (check all that apply):
 - ☐ The utilization management system.
 - ☐ The complaint and appeals system.
 - ☐ Enrollee surveys.
 - ☐ Other (Please describe).

- 4. ____ Uses formal selection and retention criteria that do not discriminate against particular providers such as those who serve high risk populations or specialize in conditions that require costly treatment.
 - 5. ____ Has an initial and recredentialing process for PCCMs other than individual practitioners (e.g., rural health clinics, federally qualified health centers) to ensure that they are and remain in compliance with any Federal or State requirements (e.g., licensure).
 - 6. X Notifies licensing and/or disciplinary bodies or other appropriate authorities when suspensions or terminations of PCCMs take place because of quality deficiencies.
 - 7. ____ Other (please describe).
- d. ____ **Other quality standards** (please describe):

Section A: Program Description

Part IV: Program Operations

A. Marketing

Marketing includes indirect MCO/PIHP/PAHP or PCCM administrator marketing (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general) and direct MCO/PIHP/PAHP or PCCM marketing (e.g., direct mail to Medicaid beneficiaries).

1. Assurances

X The State assures CMS that it complies with section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities; in so far as these regulations are applicable.

_____ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(d)(2) of the Act and 42 CFR 438.104 Marketing activities and these contracts are effective for the period ____ to ____.

Our PCCM contracts are effective the date the provider enrolls as a HC provider and does not have an end date.

2. Details

a. **Scope of Marketing**

1. _____ The State does not permit direct or indirect MCO/PIHP/PAHP or PCCM marketing.
2. _____ The State permits indirect MCO/PIHP/PAHP or PCCM marketing (e.g., radio and TV advertising for the MCO/PIHP/PAHP or PCCM in general). Please list types of indirect marketing permitted.
3. X The State permits direct MCO/PIHP/PAHP or PCCM marketing (e.g., direct mail to Medicaid beneficiaries). Please list types of direct marketing permitted.

PCPs are prohibited from marketing to Medicaid participants, with the exception of contacting established patients (as identified by the

Department) to request enrollment using materials developed by the Department.

b. Description. Please describe the State's procedures regarding direct and indirect marketing by answering the following questions, if applicable.

- 1.____ The State prohibits or limits MCOs/PIHPs/PAHPs from offering gifts or other incentives to potential enrollees. Please explain any limitation or prohibition and how the State monitors this.
- 2.____ The State permits MCOs/PIHPs/PAHPs and PCCMs to pay their marketing representatives based on the number of new Medicaid enrollees he/she recruited into the plan. Please explain how the State monitors marketing to ensure it is not coercive or fraudulent:
- 3.____ The State requires MCO/PIHP/PAHP and PCCM to translate marketing materials into the languages listed below (If the State does not translate or require the translation of marketing materials, please explain):

The State has chosen these languages because (check any that apply):

- i.____ The languages comprise all prevalent languages in the MCO/PIHP/PAHP/PCCM service area. Please describe the methodology for determining prevalent languages.
- ii.____ The languages comprise all languages in the MCO/PIHP/PAHP/PCCM service area spoken by approximately ____ percent or more of the population.
- iii.____ Other (please explain):

B. Information to Potential Enrollees and Enrollees

1. Assurances.

X The State assures CMS that it complies with Federal Regulations found at section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements; in so far as these regulations are applicable.

___ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one of more of these regulatory requirements for PIHPs and PAHPs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5) of the Act and 42 CFR 438.10 Information requirements and these contracts are effective for the period ___ to ___.

Our PCCM contracts are effective the date the provider enrolls as a HC provider and does not have an end date.

2. Details.

a. **Non-English Languages**

X Potential enrollee and enrollee materials will be translated into the **prevalent non-English languages** listed below (If the State does not require written materials to be translated, please explain):

The State defines prevalent non-English languages as:
(check any that apply):

1. ___ The languages spoken by significant number of potential enrollees and enrollees. Please explain how the State defines "significant."
2. X The languages spoken by approximately 5 percent or more of the potential enrollee/ enrollee population.
3. ___ Other (please explain):

X Please describe how **oral translation** services are available to all potential enrollees and enrollees, regardless of language spoken.

The Medicaid program will reimburse providers for interpreter services regardless of the language spoken.

- ☒ The State will have a **mechanism** in place to help enrollees and potential enrollees understand the managed care program. Please describe.

Program information is sent with enrollment information to assist participants to understand the program. We are also developing a new combined Medicaid Information/HC Information Booklet this waiver period that was developed with input from focus groups of Medicaid participants. This booklet will be sent to all enrollees and all new enrollees.

All written information gives phone numbers for enrollees to call if they have any questions or problems regarding the program.

b. Potential Enrollee Information

Information is distributed to potential enrollees by:

- ☒ State
☐ contractor (please specify) _____

- ☐ There are no potential enrollees in this program. (Check this if State automatically enrolls beneficiaries into a single PIHP or PAHP)

c. Enrollee Information

The State has designated the following as responsible for providing required information to enrollees:

- (i) ☒ the State
(ii) ☐ State contractor (please specify): _____
(ii) ☐ the MCO/PIHP/PAHP/PCCM

C. Enrollment and Disenrollment

1. Assurances.

X The State assures CMS that it complies with section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment; in so far as these regulations are applicable.

_____ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement. (Please check this item if the State has requested a waiver of the choice of plan requirements in section A.I.C)

X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(4) of the Act and 42 CFR 438.56 Disenrollment requirements and these contracts are effective for the period ____ to ____.

Our PCCM contracts are effective the date the provider enrolls as a HC provider and does not have an end date.

2. Details. Please describe the State's enrollment process for MCOs/PIHPs/PAHP and PCCMs by checking the applicable items below.

a. X **Outreach.** The State conducts outreach to inform potential enrollees, providers, and other interested parties of the managed care program. Please describe the outreach process, and specify any special efforts made to reach and provide information to special populations included in the waiver program:

When a county is in the process of becoming mandatory (we only have 9 of the 44 left to implement as mandatory), participants are sent an letter explaining the program and the need for them to fill out the attached enrollment form. It explains that if the do not enroll they will be auto-enrolled. The letter also informs them of public meeting date(s) where they will be able to come to hear a presentation and ask questions.

In addition to the above letters are sent to other impacted providers explaining impact of mandatory county status on them. Meetings are also held for these groups if requested.

b. **Administration of Enrollment Process.**

X State staff conducts the enrollment process.

- ___ The State contracts with an independent contractor(s) (i.e., enrollment broker) to conduct the enrollment process and related activities.
- ___ The State assures CMS the enrollment broker contract meets the independence and freedom from conflict of interest requirements in section 1903(b) of the Act and 42 CFR 438.810.

Broker name: _____

Please list the functions that the contractor will perform:

- ___ choice counseling
- ___ enrollment
- ___ other (please describe):

- ___ State allows MCO/PIHP/PAHP or PCCM to enroll beneficiaries. Please describe the process.

c. **Enrollment.** The State has indicated which populations are mandatorily enrolled and which may enroll on a voluntary basis in Section A.I.E.

- ___ This is a **new** program. Please describe the **implementation schedule** (e.g. implemented statewide all at once; phased in by area; phased in by population, etc.):
- ___ This is an existing program that will be **expanded** during the renewal period. Please describe the **implementation schedule** (e.g. new population implemented statewide all at once; phased in by area; phased in by population, etc.):

- X If a potential enrollee **does not select** an MCO/PIHP/PAHP or PCCM within the given time frame, the potential enrollee will be **auto-assigned** or default assigned to a plan. **Mandatory counties only**

- i. X Potential enrollees will have 60 days/month(s) to choose a plan.
- ii. X Please describe the auto-assignment process and/or algorithm. In the description please indicate the factors considered and whether or not the auto-assignment process assigns persons with special health care needs to an MCO/PIHP/PAHP/PCCM who is their current provider or who is capable of serving their particular needs.

The auto assignment process is conducted manually by state staff and follows the algorithm agreed to by the participating providers in the "Memorandum of Participation" In counties with either Pediatricians, Internists, and/or OB/GYNs, the rotational assignment is further refined to place enrollees with the appropriate type of PCP.

- ___ The State **automatically enrolls** beneficiaries
- ___ on a mandatory basis into a single MCO, PIHP, or PAHP in a rural area (please also check item A.I.C.3)
 - ___ on a mandatory basis into a single PIHP or PAHP for which it has requested a waiver of the requirement of choice of plans (please also check item A.I.C.1)
 - ___ on a voluntary basis into a single MCO, PIHP, or PAHP, and beneficiaries can opt out at any time. Please specify geographic areas where this occurs: _____

- ___ The State provides **guaranteed eligibility** of ___ months (maximum of 6 months permitted) for MCO/PCCM enrollees under the State plan.

- X The State allows otherwise mandated beneficiaries to request **exemption** from enrollment in an MCO/PIHP/PAHP/PCCM. Please describe the circumstances under which a beneficiary would be eligible for exemption from enrollment. In addition, please describe the exemption process:

Potential or existing mandated participants may request an exemption from enrollment if one or more of the following circumstances exist:

- A. The participant must travel more than 30 minutes or 30 miles to the nearest HC provider when a non-HC PCP is closer
- B. The participant has an existing primary care relationship with a PCP provider/clinic not participating in HC
- C. The participant has been placed on lock-in
- D. The participant has an incompatible third party liability
- E. The participant wishes to obtain OB services from an OB specialist during pregnancy and HC OB is not available.

The enrollment letter describes the exemptions, how and where to apply. The request is reviewed against the criteria above and either an approval or a denial letter is sent to the participant. All granted exemptions are entered into a database and are reviewed on an annual basis to determine if any of the exemption criteria are still met.

- X The State **automatically re-enrolls** a beneficiary with the same PCCM or MCO/PIHP/PAHP if there is a loss of Medicaid eligibility of 2 months or less.

We currently do not disenroll enrollees for loss of eligibility until 2 months have lapsed. We do however discontinue the payment of the CM fee for the PCP during the ineligible period.

d. **Disenrollment:**

___ The State allows enrollees to **disenroll** from/transfer between MCOs/PIHPs/PAHPs and PCCMs. Regardless of whether plan or State makes the determination, determination must be made no later than the first day of the second month following the month in which the enrollee or plan files the request. If determination is not made within this time frame, the request is deemed approved.

i. ___ Enrollee submits request to State.

ii. ___ Enrollee submits request to MCO/PIHP/PAHP/PCCM. The entity may approve the request, or refer it to the State. The entity may not disapprove the request.

iii. ___ Enrollee must seek redress through MCO/PIHP/PAHP/PCCM grievance procedure before determination will be made on disenrollment request.

___ The State **does not permit disenrollment** from a single PIHP/PAHP (authority under 1902 (a)(4) authority must be requested), or from an MCO, PIHP, or PAHP in a rural area.

___ The State has a **lock-in** period (i.e. requires continuous enrollment with MCO/PIHP/PAHP/PCCM) of ___ months (up to 12 months permitted). If so, the State assures it meets the requirements of 42 CFR 438.56(c). Please describe the good cause reasons for which an enrollee may request disenrollment during the lock-in period (in addition to required good cause reasons of poor quality of care, lack of access to covered services, and lack of access to providers experienced in dealing with enrollee's health care needs):

X The State **does not have a lock-in**, and enrollees in MCOs/PIHPs/PAHPs and PCCMs are allowed to terminate or change their enrollment without cause at any time. The disenrollment/transfer is effective no later than the first day of the second month following the request.

Requests made after the 20th of the month are not effective until the 2nd month after the request.

X The State permits **MCOs/PIHPs/PAHPs and PCCMs to request disenrollment** of enrollees. Please check items below that apply:

i. X MCO/PIHP/PAHP and PCCM can request reassignment of an enrollee for the following reasons:

- The client fails to follow treatment plan
- The client misses appointments without notifying provider
- The client/PCP relationship is not mutually acceptable
- The clients condition would be better treated by another provider

- The PCP has moved and/or is no longer in practice

- ii. X The State reviews ~~and approves~~ all MCO/PIHP/PAHP/PCCM-initiated requests for enrollee transfers or disenrollments.
- iii. ____ If the reassignment is approved, the State notifies the enrollee in a direct and timely manner of the desire of the MCO/PIHP/PAHP/PCCM to remove the enrollee from its membership or from the PCCM's caseload.
- iv. ____ The enrollee remains an enrollee of the MCO/PIHP/PAHP/PCCM until another MCO/PIHP/PAHP/PCCM is chosen or assigned.

D. Enrollee rights.

1. Assurances.

X The State assures CMS that it complies with section 1932(a)(5)(B)(ii) of the Act and 42 CFR 438 Subpart C Enrollee Rights and Protections.

_____ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for PIHP or PAHP programs. Please identify each regulatory requirement waived, the managed care program(s) to which the waiver will apply, and the State's alternative requirement.

X The CMS Regional Office has reviewed and approved the MCO, PIHP, PAHP, or PCCM contracts for compliance with the provisions of section 1932(a)(5)(B)(ii) of the Act and 42 CFR Subpart C Enrollee Rights and Protections, and these contracts are effective for the period ____ to ____.

Our PCCM contracts are effective the date the provider enrolls as a HC provider and does not have an end date. All providers have signed the new contract that CMS approved effective 10/1/2002.

X The State assures CMS it will satisfy all HIPAA Privacy standards as contained in the HIPAA rules found at 45 CFR Parts 160 and 164.

E. Grievance System

1. **Assurances for All Programs.** States, MCOs, PIHPs, PAHPs, and States in PCCM programs are required to provide Medicaid enrollees with access to the State fair hearing process as required under 42 CFR 431 Subpart E, including:

- a. informing Medicaid enrollees about their fair hearing rights in a manner that assures notice at the time of an action,
- b. ensuring that enrollees may request continuation of benefits during a course of treatment during an appeal or reinstatement of services if State takes action without the advance notice and as required in accordance with State Policy consistent with fair hearings. The State must also inform enrollees of the procedures by which benefits can be continued for reinstated, and
- c. other requirements for fair hearings found in 42 CFR 431, Subpart E.

X The State assures CMS that it complies with Federal Regulations found at 42 CFR 431 Subpart E.

___ Please describe any special processes that the State has for persons with special needs.

2. **Assurances For MCO or PIHP programs.** MCOs/PIHPs are required to have an internal grievance system that allows an enrollee or a provider on behalf of an enrollee to challenge the denial of coverage of, or payment for services as required by section 1932(b)(4) of the Act and 42 CFR 438 Subpart H.

___ The State assures CMS that it complies with section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System, in so far as these regulations are applicable.

___ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for PIHPs. Please identify each regulatory requirement waived and the State's alternative requirement.

___ The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(b)(4) of the Act and 42 CFR 438 Subpart F Grievance System, and these contracts are effective for the period ___ to ___.

3. **Details for MCO or PIHP programs.**

a. **Direct access to fair hearing.**

___ The State **requires** enrollees to **exhaust** the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

- ___ The State **does not require** enrollees to **exhaust** the MCO or PIHP grievance and appeal process before enrollees may request a state fair hearing.

b. Timeframes

- ___ The State's timeframe within which an enrollee, or provider on behalf of an enrollee, must file an **appeal** is ___ days (between 20 and 90).
- ___ The State's timeframe within which an enrollee must file a **grievance** is ___ days (may not exceed 90).

4. **Optional grievance systems for PCCM and PAHP programs**. States, at their option, may operate a PCCM and/or PAHP grievance procedure (distinct from the fair hearing process) administered by the State agency or the PCCM and/or PAHP that provides for prompt resolution of issues. These grievance procedures are strictly voluntary and may not interfere with a PCCM, or PAHP enrollee's freedom to make a request for a fair hearing or a PCCM or PAHP enrollee's direct access to a fair hearing in instances involving terminations, reductions, and suspensions of already authorized Medicaid covered services.

- X The State has a grievance procedure for its X PCCM and/or ___ PAHP program characterized by the following (please check any of the following optional procedures that apply to the optional PCCM/PAHP grievance procedure):

- X The grievance procedures is operated by:
- X the State
 - ___ the State's contractor. Please identify: _____
 - ___ the PCCM
 - ___ the PAHP.

- ___ Please provide definitions the State employs for the PCCM and/or PAHP grievance system (e.g. grievance, appeals)

- **Concern/Problem/Complaint:** Issues that are because of dissatisfaction with an action, service, rule, law in the Idaho Medicaid Healthy Connections program
- **Appeal:** Dissatisfaction with a Department decision when the Department is not able to change the decision based on application of law or rules. An appeal is heard by an Administrative Hearing Officer
- **Grievance:** Process by which a provider or enrollee may request a change in the decision or action of a provider or the Dept. and it cannot be resolved at the

local level. This step generally happens before an appeal.

- Problem resolution: the process of resolving complaints or concerns for enrollee, PCPs or other providers – Involves liaison between the affected parties

X Has a grievance committee or staff who review and resolve grievances. Please describe if the State has any specific committee or staff composition or if this is a fiscal agent, enrollment broker, or PCCM administrator function.

All grievances are reviewed and resolved by the State Waiver Quality Assurance Manager

X Reviews requests for reconsideration of initial decisions not to provide or pay for a service.

___ Specifies a time frame from the date of action for the enrollee to file a grievance, which is: ___

X Has time frames for staff to resolve grievances for PCCM/PAHP grievances. Specify the time period set: 30 calendar days

___ Establishes and maintains an expedited grievance review process for the following reasons: _____. Specify the time frame set by the State for this process ____

___ Permits enrollees to appear before State PCCM/ PAHP personnel responsible for resolving the grievance.

X Notifies the enrollee in writing of the grievance decision and further opportunities for appeal, as well as the procedures available to challenge or appeal the decision.

___ Other (please explain):

F. Program Integrity

1. Assurances.

X The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.610 Prohibited Affiliations with Individuals Barred by Federal Agencies. The State assures that it prohibits an MCO, PCCM, PIHP, or PAHP from knowingly having a relationship listed below with:

- (1) An individual who is debarred, suspended, or otherwise excluded from participating in procurement activities under the Federal Acquisition Regulation or from participating in nonprocurement activities under regulations issued under Executive Order No. 12549 or under guidelines implementing Executive Order No. 12549, or
- (2) An individual who is an affiliate, as defined in the Federal Acquisition Regulation, of a person described above.

The prohibited relationships are:

- (1) A director, officer, or partner of the MCO, PCCM, PIHP, or PAHP;
- (2) A person with beneficial ownership of five percent or more of the MCO's, PCCM's, PIHP's, or PAHP's equity;
- (3) A person with an employment, consulting or other arrangement with the MCO, PCCM, PIHP, or PAHP for the provision of items and services that are significant and material to the MCO's, PCCM's, PIHP's, or PAHP's obligations under its contract with the State.

X The State assures that it complies with section 1902(p)(2) and 42 CFR 431.55, which require section 1915(b) waiver programs to exclude entities that:

- 1) Could be excluded under section 1128(b)(8) of the Act as being controlled by a sanctioned individual;
- 2) Has a substantial contractual relationship (direct or indirect) with an individual convicted of certain crimes described in section 1128(b)(8)(B) of the Act;
- 3) Employs or contracts directly or indirectly with an individual or entity that is
 - a. precluded from furnishing health care, utilization review, medical social services, or administrative services pursuant to section 1128 or 1128A of the Act, or
 - b. could be excluded under 1128(b)(8) as being controlled by a sanctioned individual.

2. Assurances For MCO or PIHP programs

— The State assures CMS that it complies with section 1932(d)(1) of the Act and 42 CFR 438.608 Program Integrity Requirements, in so far as these regulations are applicable.

— State payments to an MCO or PIHP are based on data submitted by the MCO or PIHP. If so, the State assures CMS that it is in compliance with 42 CFR 438.604

Data that must be Certified, and 42 CFR 438.606 Source, Content, Timing of Certification.

- _____ The State seeks a waiver of section 1902(a)(4) of the Act, to waive one or more of these regulatory requirements for MCOs or PIHPs. Please identify each regulatory requirement waive and the State's alternative requirement.
- _____ The CMS Regional Office has reviewed and approved the MCO or PIHP contracts for compliance with the provisions of section 1932(d)(1) of the Act and 42 CFR 438.604 Data that must be Certified; 438.606 Source, Content , Timing of Certification; and 438.608 Program Integrity Requirements. These contracts are effective for the period _____ to _____.

Section B: Monitoring Plan

Per section 1915(b) of the Act and 42 CFR 431.55, states must assure that 1915(b) waiver programs do not substantially impair access to services of adequate quality where medically necessary. To assure this, states must actively monitor the major components of their waiver program described in Part I of the waiver preprint:

Program Impact	(Choice, Marketing, Enrollment/Disenrollment, Program Integrity, Information to Beneficiaries, Grievance Systems)
Access	(Timely Access, PCP Capacity, Specialty Capacity, Coordination and Continuity of Care)
Quality	(Coverage and Authorization, Provider Selection, Quality Assessment and Performance Improvement, PCCM Quality)

For each of the programs authorized under this waiver, this Part identifies how the state will monitor the major areas within Program Impact, Access, and Quality. It acknowledges that a given monitoring strategy may yield information about more than one component of the program. For instance, consumer surveys may provide data about timely access to services as well as measure ease of understanding of required enrollee information. As a result, this Part of the waiver preprint is arranged in two sections. The first is a chart that summarizes the strategies used to monitor the major areas of the waiver. The second is a detailed description of each strategy.

MCO and PIHP programs. The Medicaid Managed Care Regulations in 42 CFR Part 438 put forth clear expectations on how access and quality must be assured in capitated programs. Subpart D of the regulation lays out requirements for MCOs and PIHPs, and stipulates they be included in the contract between the state and plan. However, the regulations also make clear that the State itself must actively oversee and ensure plans comply with contract and regulatory requirements (see 42 CFR 438.66, 438.202, and 438.726). The state must have a quality strategy in which certain monitoring strategies are required: network adequacy assurances, performance measures, review of MCO/PIHP QAPI programs, and annual external quality review. States may also identify additional monitoring strategies they deem most appropriate for their programs.

For MCO and PIHP programs, a state must check the applicable monitoring strategies in Section II below, but may attach and reference sections of their quality strategy to provide details. If the quality strategy does not provide the level of detail required below, (e.g. frequency of monitoring or responsible personnel), the state may still attach the quality strategy, but must supplement it to be sure all the required detail is provided.

PAHP programs. The Medicaid Managed Care regulations in 42 CFR 438 require the state to establish certain access and quality standards for PAHP programs, including plan assurances on network adequacy. States are not required to have a written quality

strategy for PAHP programs. However, states must still actively oversee and monitor PAHP programs (see 42 CFR 438.66 and 438.202(c)).

PCCM programs. The Medicaid Managed Care regulations in 42 CFR Part 438 establishes certain beneficiary protections for PCCM programs that correspond to the waiver areas under “Program Impact.” However, generally the regulations do not stipulate access or quality standards for PCCM programs. State must assure access and quality in PCCM waiver programs, but have the flexibility to determine how to do so and which monitoring strategies to use.

I. Summary chart

States should use the chart on the next page to summarize the strategies used to monitor major areas of the waiver program. If this waiver authorizes multiple programs, the state may use a single chart for all programs or replicate the chart and fill out a separate one for each program. If using one chart for multiple programs, the state should enter the program acronyms (MCO, PIHP, etc.) in the relevant box.

Strategy	Program Impact						Access			Quality		
	Choice	Marketing	Enroll Disenroll	Program Integrity	Information	Grievance	Timely Access	PCP/Specialist Capacity	Coordination Continuity	Coverage Authorization	Provider Selection	Quality of Care
Accreditation for Deeming												
Accreditation for Participation												
Consumer Self-Report data		X			X		X					X
Data Analysis (non-claims)							X					X
Enrollee Hotlines			X			X	X					X
Focused Studies												
Geographic mapping												
Independent Assessment												
Measure any Disparities by Racial or Ethnic Groups												
Network Adequacy Assurance by												

Strategy	Program Impact						Access			Quality		
	Choice	Marketing	Enroll Disenroll	Program Integrity	Information	Grievance	Timely Access	PCP/Specialist Capacity	Coordination Continuity	Coverage Authorization	Provider Selection	Quality of Care
Plan												
Ombudsman												
On-Site Review												
Performance Improvement Projects												
Performance Measures												
Periodic Comparison of # of Providers												
Profile Utilization by Provider Caseload												
Provider Self-Report Data					X		X	X	X			
Test 24/7 PCP Availability							X					
Utilization Review												
Other: (describe)												

Strategy	Program Impact					Access			Quality		
	Choice	Marketing	Enroll Disenroll	Program Integrity	Information	Grievance	Timely Access	PCP/Specialist Capacity	Coordination Continuity	Coverage Authorization	Provider Selection

II. Monitoring Strategies

Please check each of the monitoring strategies or functions below used by the state. A number of common strategies are listed below, but the state should identify any others it uses. If federal regulations require a given strategy, this is indicated just after the name of the strategy. If the state does not use a required strategy, it must explain why.

For each strategy, the state must provide the following information:

- Applicable programs (if this waiver authorizes more than one type of managed care program)
- Personnel responsible (e.g. state Medicaid, other state agency, delegated to plan, EQR, other contractor)
- Detailed description of strategy
- Frequency of use
- How it yields information about the area(s) being monitored

a. ____ Accreditation for Deeming (i.e. the State deems compliance with certain access, structure/operation, or quality requirements for entities that are accredited)

- ____ NCQA
- ____ JCAHO
- ____ AAAHC
- ____ Other (please describe)

b. ____ Accreditation for Participation (i.e. as prerequisite to be Medicaid plan)

- ____ NCQA
- ____ JCAHO
- ____ AAAHC
- ____ Other (please describe)

c. X Consumer Self-Report data

- ____ CAHPS (please identify which one(s))
- X State-developed survey
- ____ Disenrollment survey
- ____ Consumer/beneficiary focus groups

A statewide enrollee satisfaction survey is conducted at least bi-annually by the Waiver Quality Assurance Manager. The survey is sent to a random sample of enrollees from mandatory counties and a random sample of enrollees from voluntary counties. Information is collated and analyzed by our Data Unit. A report and any needed recommendations for program QA or QI are presented to the Quality Oversight Committee. The survey has standard questions around participation, understanding of program materials, help

when needed from local representatives, types of questions they have had, access questions (waiting times, travel distances, etc.), quality of care, access to specialists, well child checks and immunizations, marketing, and any additional information we want to receive (such as ER utilization).

d. X

Data Analysis (non-claims)

 Denials of referral requests

 X Disenrollment requests by enrollee

 From plan

 From PCP within plan

 X Grievances and appeals data

 PCP termination rates and reasons

 Other (please describe)

Enrollees are required to call the local Health Resources Coordinators in the Regions to request a change in providers and in voluntary counties to disenroll. An interview is conducted and reason codes are entered into the MMIS. Annually a report is pulled on the disenrollment reason codes and an analysis is completed by the statewide Waiver Quality Assurance Manager. Any trends, problem areas, etc. are reported to the Quality Oversight Committee with recommendations for action if needed.

Beginning in July of 2004, all Department complaints (including those regarding the HC program will be tracked in a database that will allow tracking, trending and analysis of HC informal problem resolution and complaints. The database will have reporting capability and reports will be analyzed on a semi-annual basis by the Statewide Waiver Quality Assurance Manager. Issues will be reported semi-annually to the Quality Oversight Committee for decisions on any needed program changes, improvements, actions needed.

e. X

Enrollee Hotlines operated by State

Telephone numbers and addresses of the 14 Regional Health Resources Coordinator are published on all written HC materials and enrollees are encouraged to call whenever they have questions, concerns, or complaints.

f.

Focused Studies (detailed investigations of certain aspects of clinical or non-clinical services at a point in time, to answer defined questions. Focused studies differ from performance improvement projects in that they do not require demonstrable and sustained

improvement in significant aspects of clinical care and non-clinical service).

- g. _____ Geographic mapping of provider network
- h. _____ Independent Assessment of program impact, access, quality, and cost-effectiveness (**Required** for first two waiver periods)
- i. _____ Measurement of any disparities by racial or ethnic groups
- j. _____ Network adequacy assurance submitted by plan [**Required** for MCO/PIHP/PAHP]
- k. _____ Ombudsman
- l. _____ On-site review
- m. _____ Performance Improvement projects [**Required** for MCO/PIHP]
 - _____ Clinical
 - _____ Non-clinical
- n. _____ Performance measures [**Required** for MCO/PIHP]
 - Process
 - Health status/outcomes
 - Access/availability of care
 - Use of services/utilization
 - Health plan stability/financial/cost of care
 - Health plan/provider characteristics
 - Beneficiary characteristics
- o. _____ Periodic comparison of number and types of Medicaid providers before and after waiver
- p. _____ Profile utilization by provider caseload (looking for outliers)
- q. X _____ Provider Self-report data
 - X _____ Survey of providers
 - _____ Focus groups

All HC providers are surveyed bi-annually by the statewide Quality Assurance Manager. Questions focus on patient/physician relationships, utilization control, health education efforts, relationships with the local Health Resources Coordinators, availability of specialists, etc. The report is generated by the Data Unit and analysis and report to the Quality Oversight Committee is by the statewide Waiver Quality Assurance Manager.

- r. X Test 24 hours/7 days a week PCP availability

The Regional Health Resources Coordinator conduct monitoring calls to all HC PCP's to verify compliance with the 24-hour access coverage twice a year. In addition, "random calls" as well as follow-up calls will be made to PCPs if an access problem is reported to the HRC by another provider/facility or a HC client. All new PCPs will be called the first week of HC participation to verify compliance.

Regional reports are sent to the statewide Quality Assurance Manager for compiling, looking at any statewide issues, trends, problems. Analysis along with any recommendations for improvement are reported to the Quality Oversight Committee semi-annually.

- s. _____ Utilization review (e.g. ER, non-authorized specialist requests)

- t. _____ Other: (please describe)

Section C: Monitoring Results

Section 1915(b) of the Act and 42 CFR 431.55 require that the State must document and maintain data regarding the effect of the waiver on the accessibility and quality of services as well as the anticipated impact of the project on the State's Medicaid program. In Section B of this waiver preprint, the State describes how it will assure these requirements are met. For an initial waiver request, the State provides assurance in this Section C that it will report on the results of its monitoring plan when it submits its waiver renewal request. For a renewal request, the State provides evidence that waiver requirements were met for the most recent waiver period. Please use Section D to provide evidence of cost-effectiveness.

CMS uses a multi-pronged effort to monitor waiver programs, including rate and contract review, site visits, reviews of External Quality Review reports on MCOs/PIHPs, and reviews of Independent Assessments. CMS will use the results of these activities and reports along with this Section to evaluate whether the Program Impact, Access, and Quality requirements of the waiver were met.

_____ This is an initial waiver request. The State assures that it will conduct the monitoring strategies described in Section B, and will provide the results in Section C of its waiver renewal request.

[X](#) This is a renewal request. The State provides below the results of monitoring strategies conducted during the previous waiver.

For each of the strategies checked in Section B of the previous waiver request, the State should:

- **Confirm** it was conducted as described in Section B of the previous waiver preprint. If it was not done as described, please explain why.
- **Summarize the results** or findings of each strategy. CMS may request detailed results as appropriate.
- **Identify problems** found, if any.
- **Describe plan/provider-level corrective action**, if any, that was taken. The State need not identify the provider/plan by name, but must provide the rest of the required information.
- **Describe system-level program changes**, if any, made as a result of monitoring findings.

Please replicate the template below for each strategy identified in Section B:

Strategy: [Consumer Self-Report Data](#)

Confirmation it was conducted as described:

[X](#) Yes

_____ No. Please explain:

Summary of results: [See results of 2003 Healthy Connections Client Survey attached and Disenrollment/Change QA Report](#)

Problems identified: Most of the issues identified in the 2003 Client survey were directly related to enrollees reading the information sent to them and understanding program requirements.

No significant issues with waiting times, referrals, or quality of care were identified on change disenrollment report.

Corrective action (plan/provider level): N/A

Program change (system-wide level): Two actions were taken in 2003-2004 to address the problems identified in this survey: 1) client focus groups were held in three regions of the state to identify the best way to get information to our clients, format to increase chances of their reading it, understandability of the information, etc. 2) Client informational materials are being revised to incorporate what we learned in the focus groups.

Strategy: Data Analysis (non-claims)

Confirmation it was conducted as described:

☒ Yes

☐ No. Please explain:

Summary of results:

Study of data for 2002/2003 disenrollment reason codes for waiting times, and denial of referrals did not show any significant trends or problems. The rates for disenrollments for perceived quality of care issues were slightly higher than the other monitors, but were still not very high. For 2002, the average statewide was 4% of the disenrollments were for perceived quality of care issues. For 2003, the average dropped to 3%.

Problems identified:

Corrective action (plan/provider level): None

Program change (system-wide level): None

Strategy: Enrollee Hot Line

Confirmation it was conducted as described:

☒ Yes

☐ No. Please explain:

Summary of results:

We are implementing a statewide, automated database for tracking customer concern/complaints regarding services provided by the Dept. of H&W in July of 2004. This database will allow us to track, trend, assure quality and make program improvements in the Healthy Connections program.

Problems identified:

Corrective action (plan/provider level): N/A

Program change (system-wide level): N/A

Strategy: Provider Self Report Data

Confirmation it was conducted as described:

☒ Yes

☐ No. Please explain:

Summary of results: See attached Provider 2003 Survey

Problems identified: The survey supported our data from the enrollee (client) survey that the biggest issue is the understanding of the program by the enrollees.

The survey also supported our premise that HC providers are the best conduit to get health information to our enrollees.

Corrective action (plan/provider level): Continue current project to improve the understandability of our program materials and look at better ways to ensure that enrollees read the information.

The program is developing health educations materials for HC providers to provide to enrollees as appropriate. We will be using the same information we obtained from focus groups to provide the information in understandable formats.

Program change (system-wide level): New materials

Strategy: Test 24/7 PCP Availability

Confirmation it was conducted as described:

☒ Yes

☐ No. Please explain:

Summary of results: See copy of 2002/2003 Statewide 24 Hour Monitoring Report

Problems identified:

Information has not been trended and analyzed in the past.

Corrective action (plan/provider level):

Make changes in collection process to collect and trend non-compliance. Report to results to QI Oversight Committee bi-annually.